

Teen Health and Wellness

Teen Health and Wellness is a database that provides accurate, frank information on topics related to health and wellness issues. This should be used with students in grades 7 and up and should be reviewed before using with Catholic or more traditional schools.

Features

- Top Right-hand side of the homepage
 - Hotlines
 - Canada or Alberta specific help hotlines
 - Mobile Apps
 - Download from App Store, Google Play, or Amazon
 - Glossary
 - Searchable, organized alphabetical glossary
 - Site Help
 - Logout
- Left-hand side of the homepage
 - Topics organized alphabetically
- Centre of the homepage
 - Tell Your Story
 - Users submit personal stories of life challenges
 - Stories are vetted and edited before being published online
 - Access archived stories organized by topic
 - Users can submit their own stories
 - Get Informed
 - Videos highlighting relevant content created by users
 - Videos are vetted and edited before being published online
 - Access archived videos
 - Users can submit their own stories
 - Dr. Jan's Corner
 - Submit questions to Dr. Jan and receive responses
 - Access archived questions and responses
 - In the News
 - Relevant topics related to health and wellness
 - Changes monthly unless major event happens in which case it is updated within 24 to 48 hours
 - Cast Your Vote
 - Vote on a relevant topic
 - Topics changed monthly
 - Access archived polls and results
 - Did you know
 - Information tidbits

- Article Features
 - Left-hand side of the article has segmented sections to access information quickly
 - Resources (US-Centric)
 - For Further Reading
 - Related books on topic
 - Glossary
 - Key words from the article
 - Related articles
 - Pushes students beyond shallow searching
 - Hotlines
 - Computer generated listen feature
 - To customize the speed and colour of highlighting click on the cog image that appears when the slide out menu appears after play is pressed
 - Google Translate
 - New feature allows users to save to Google Drive