

## Teen Health and Wellness

Teen Health and Wellness is a database that provides accurate, frank information on topics related to health and wellness issues. This should be used with students in grades 7 and up and should be reviewed before using with Catholic or more traditional schools.

### Features

- Top Right-hand side of the homepage
  - Hotlines
    - Canada or Alberta specific help hotlines
  - Mobile Apps
    - Download from App Store, Google Play, or Amazon
  - Glossary
    - Searchable, organized alphabetical glossary
  - Site Help
  - Logout
- Left-hand side of the homepage
  - Topics organized alphabetically
- Centre of the homepage
  - Tell Your Story
    - Users submit personal stories of life challenges
    - Stories are vetted and edited before being published online
    - Access archived stories organized by topic
    - Users can submit their own stories
  - Get Informed
    - Videos highlighting relevant content created by users
    - Videos are vetted and edited before being published online
    - Access archived videos
    - Users can submit their own stories
  - Dr. Jan's Corner
    - Submit questions to Dr. Jan and receive responses
    - Access archived questions and responses
  - In the News
    - Relevant topics related to health and wellness
    - Changes monthly unless major event happens in which case it is updated within 24 to 48 hours
  - Cast Your Vote
    - Vote on a relevant topic
    - Topics changed monthly
    - Access archived polls and results
  - Did you know
    - Information tidbits

- Article Features
  - Left-hand side of the article has segmented sections to access information quickly
    - Resources (US-Centric)
    - For Further Reading
      - Related books on topic
    - Glossary
      - Key words from the article
  - Related articles
    - Pushes students beyond shallow searching
  - Hotlines
  - Computer generated listen feature
    - To customize the speed and colour of highlighting click on the cog image that appears when the slide out menu appears after play is pressed
  - Google Translate
  - New feature allows users to save to Google Drive